



STENHOUSEMUIR FOOTBALL CLUB

Job Title: Lead Physiotherapist
Department: Medical
Responsible To: 1st Team Manager
Responsible For: No direct reports

Stenhousemuir Football Club are looking to recruit an experienced, committed, knowledgeable and highly motivated individual to undertake the role of Lead Physiotherapist within the Football Club.

Job Summary

The successful candidate will have overall responsibility for the strategic management and leadership of all aspects of the Physiotherapy plan, providing medical support to players. They will have experience working in a multi-disciplinary team and have a proven track record in working successfully within a high performance sports environment with a clear understanding of athletic development.

Role Responsibility

- Attend training on Tuesday, Thursday evenings and all match day events.
- Assist in the design, planning and delivery of a comprehensive physiotherapy service across all aspects of the football club, consistent with the football club philosophy and focused on maximising the potential of all players.
- Ensure that all practice within the physiotherapy department is delivered to the highest professional standard, consistent with the application of current scientific principles/research and is set at all times within the context of the game.
- Undertake on going monitoring and review of all aspects of the physiotherapy service provision, adapting and updating practice as required while maintaining detailed and comprehensive player profiles and medical notes.
- Maintain details and comprehensive player profiles and medical notes.
- Liaise effectively with the development and academy coaching staff on a daily basis to keep them informed of players' availability for development matches and training.
- Standardise the management of injuries by assisting in the development and structure of injury rehabilitation and return to play guidelines.
- Ensure the management of injuries effectively meet its commitments to the players, coaches and senior management through clinical audit and accurate documentation.
- Ensure the delivery of preventative rehabilitation effectively meets its commitments to players, coaches and senior management through clinical audit and accurate documentation.
- Carry out and coordinate the pre-signing profiling & medical assessments for any required 1st team signing.
- To provide emergency and physiotherapy match day cover for all 1st team games.
- Working with the Football Science & Medicine interdisciplinary team, plan, organise and deliver appropriate and clinically reasoned recovery strategies post training and matches.

01324 562 992

Ochilview Park, Stenhousemuir,
www.stenhousemuirfc.com



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Knowledge, Skills and Experience

- Degree in Physiotherapy or related discipline
- Experience of working in a senior role within a professional football club at Academy, Development or 1st team level.
- Experience in a leadership role that required athlete management with a detailed understanding of injury prevention and long-term player development.
- Experience of strategic planning with evidence of vision and imagination.
- Proven record of achieving outcomes in terms of individual player rehabilitation and injury prevention
- Excellent communication skills
- Having a range of IT skills to a high level of competency

Please send cv/application details to Martin Christie (Head of Football Operations) – martin.christie@stenhousemuirfc.com

Closing date for applications : 13th June 2025.

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